

Delve Remedial Bodywork & Movement Therapy

Workplace Health & Safety Summary for Covid-19 Hygiene Measures

We take your safety very seriously and so to avoid any risk to you from Covid-19 these are the hygiene protocols that we are continuing to observe as well as putting extra protocols in place.

- Towel and linen change for every client
- Laundering at 60⁰
- Full wash down between each client of the massage table face hole and areas touched by therapists or the client during treatment
- Wipe-able covers on the body and face hole pillows are wiped with detergent between each client before clean fabric cases are fitted
- Longer gaps between clients to avoid customer cross over in reception
- Cleaning of all contact surfaces between every client: door handles, work surfaces, taps,
 - clothing bin, chairs, computer equipment, pens and toilet facilities
- All clients are pre-screened for Covid-19 symptoms prior to their appointment
- All clients are asked to shower and wear clean clothing and make their way straight to their appointment
- All clients are asked to silence their mobile phone upon entry, and then
 place phone, keys, jewelry and other items in the plastic clothing bin
 provided, before making their way to the wash basin to wash hands prior to
 treatment
- All clients are asked to wear slip on shoes so that they can remove shoes in the treatment room without touching laces etc., and where this is not possible to sanitize hands after removing shoes
- Clients are encouraged to wear a face mask to help lower the risk of spread by asymptomatic carriers of Covid-19
- · Practitioners will wear a face mask during treatment